

Appendix B - School Retreat Plan

SCHOOL RETREAT PLAN
<i>Please complete one for each grade level and send it to the Board Chaplaincy Leader.</i>

School			
Chaplaincy Leader			
Grade Level		Date	
Location		Time	
Retreat Components To ensure consistency across all Niagara Catholic schools, all retreats will include the following components:			
Liturgy (e.g. Prayer, Mass, Stations of the Cross, Rosary)			
Catechesis (on the Catholic Faith)			
Community (e.g. solidarity, social justice, evangelization, team building)			
Reflection (e.g. letter to self, letter to God, quiet time, meditation, personal or group reflection questions)			

Retreats are an important and valuable aspect of a Catholic Education which fosters spiritual growth outside of the classroom. A retreat allows us to set apart dedicated time for God- to pray, learn, reflect, and build community. Retreats must be offered for all students in grades 8, 9 and 12, and ideally will take place off school grounds.